

2019-2020 PROGRAM AGREEMENT (for 2020 Fellowship Match for 2021-2022 fellowship positions)

This Agraement is made and entered into as of the	dayof	20	hu		
This Agreement is made and entered into as of the			•		
and between the American Orthopaedic Foot & Ankle Socie	ty, an Illinois r	not-for-profit corpor	ation		
with its principal place of business at 9400 W. Higgins Roa	d, Suite 220, F	Rosemont, Illinois 6	0018		
(the "Society") and	,	(MD/DO) (the "Pro	gram		
Director"), the Program Director of the Foot and Ankle Fello	owship Progran	m at			
		(the "Program	m'').		
RECITALS					
WHEREAS, the Society works with SF Match to fac		*			

fellowship placement services for orthopaedic surgeons with special interest in the prevention and treatment of foot and ankle conditions (the "Match");

WHEREAS, the Program offers one or more fellowships and desires to participate in the Match to locate and accept applicants for such fellowships; and

WHEREAS, the Society and the Program Director desire to memorialize certain terms and conditions of the Program's participation in the Match to locate and accept applicants for the Program's fellowships.

NOW THEREFORE, in consideration of the premises and mutual covenants contained herein, the parties agree as follows:

- **Definitions**. The following terms shall have the meanings set forth below:
- 1.1 "Fellowship" shall mean an advanced clinical experience (ACE) or fellowship training for orthopaedic surgeons with special interest in the prevention and treatment of foot and ankle conditions that lasts at least six (6) months and involves direct patient care and not only observation and/or research.
- 1.2 "Fellow" shall mean a physician who spends six (6) months or greater training in a Program's Fellowship as a fellow or ACE (participant in an Advanced Clinical Experience).
 - 1.3 "Applicant" shall mean a person seeking to obtain a position as a Fellow.
- 1.4 "Participating Program" shall mean a foot and ankle fellowship program that is qualified as outlined in Section 1.3 and enters into this Agreement for the 2019 Match.

2. <u>Conditions of Participation</u>.

- 2.1 The Program shall enter into a binding Participation Agreement with SF Match according to the Policies and Matching Rules specified in their Program Registration form, attached hereto as Exhibit A (the "Participation Agreement").
- 2.2 The Program hereby agrees to pay to the Society a \$7,500 fee in the event the Program fails to honor its obligations under this Program Agreement, or otherwise breaches this Program Agreement, as further provided in <u>Section 5.2</u> hereof.
- **3. Program Obligations**. As consideration for the Society's efforts to facilitate placement services for Applicants and Participating Programs, the Program shall adhere to the conditions set forth below:
- 3.1 The Program shall not accept a fellow for its Fellowship who is not a participating Match Applicant. All Fellowships offered by the Program will be filled through the Match, with the following exceptions:
 - (a) Any Fellowship position that is "unmatched" through the Match.
 - (b) A Fellowship position reserved only for Canadian citizens or for International Fellows, provided the position is designated as such by the August 15 preceding the applicable "Match Day."
- 3.2 The Program shall not accept a fellow for its Fellowship who has not completed an orthopaedic residency program prior to the start of fellowship training. This obligation applies to Fellowship positions filled through the Match and unmatched and newly created Fellowship positions filled subsequent to the Match.
- 3.3 The Program shall not pressure Applicants to commit to a Fellowship prior to the Match.
- 3.4 The Program shall not ask an Applicant about where the Applicant intends to rank ANY fellowship program, shall not seek assurances from Applicants as to an Applicant's intent to "rank" a Program's Fellowship in a certain order, and shall similarly not state or imply in any way that the Applicant's position on the Program's Match Rank List is at all dependent upon the Applicant's relative level of interest in the Program's Fellowship.
- 3.5 The Program shall not withdraw any Fellowship positions from the Match at any time prior to "Match Day," nor offer any Applicant, irrespective of whether or not the Applicant has signed a Participation Agreement, any position as a Fellow prior to Match Day.
- 3.6 The Program shall not interview any Applicant for a Fellowship position prior to executing its Participation Agreement and the Program Agreement with the Society corresponding to the year the Fellowship is being offered by the Program.
- 3.7 After the date of the Applicant's formal interview with the Program, the Program shall not communicate with the Applicant except by written means (letter/email) addressed and sent to all Applicants to the Program until Match Day. The Program shall not suggest or imply in any way

that the Applicant communicate with the Program after the date of the Applicant's formal interview. The Program may respond to an oral or written request from the Applicant only if the Program's response is in writing and sent to all Applicants to the Program.

- 3.8 The program shall abide by the **CODE OF CONDUCT FOR ORTHOPAEDIC FOOT AND ANKLE FELLOWSHIP PROGRAMS** (Appendix A) and **shall utilize the curriculum of recommended foot and ankle procedures and topics in training fellows** (Appendix B and Appendix C).
- **4.** <u>Society Obligations</u>. As consideration for the Program's participation in the specialty matching service, the Society shall perform the following:
- 4.1 The Society shall form a Fellowship Committee whose membership shall total at least five (5) members. Other ad hoc, ex-officio members may be temporarily added at the discretion of the Chair or Board of Directors. The Fellowship Committee shall be responsible for implementing the provisions of this Program Agreement and determining whether a Program has failed to honor its obligation under this Program Agreement or otherwise breached this Program Agreement.
- 4.2 The Society may make certain research and educational grants available only to programs that have executed a Program Agreement with the Society ("Participating Programs").
- 4.3 The Society will publicize the names, applicant contact information, and/or additional selected program information for all Participating Program Fellowships by such means as the Society website, advertisements taken out by the Society in orthopaedic journals, and/or information released by the Society to other orthopaedic organizations, orthopaedic residents, orthopaedic residency program directors and/or other faculty involved in resident education. The Society will not publicize the above-listed information for fellowship positions offered by programs that have not entered into a Program Agreement with SF Match and the Society.
- 4.4 The Society may allow the Program and Applicants to participate in a fellowship interview process at the Society's annual Specialty Day meeting and may facilitate other interview opportunities throughout the year.
 - 4.5 The Society may provide the following incentives to Fellows:
 - (a) The Society may allow Fellows in a Participating Program to participate in a "Fellows-only" program at the Society's annual summer meeting.
 - (b) The Society may list Fellows who have completed a Fellowship with a Participating Program on its website.
 - (c) The Society may provide Fellows in a Participating Program with access to a list of then-available academic and private practice positions for physicians specializing in the prevention and treatment of foot and ankle conditions.
- 4.6 The Society will survey Applicants and Fellows after the Match has taken place as to whether any Program violated its Participation Agreement with SF Match or its Program Agreement with the Society and, if so, to obtain further information as to the specifics of any alleged breach.

- 4.7 The Society may give preference to faculty from Participating Programs over faculty from non-participating programs with respect to the awarding of research grants, the acceptance of papers to be presented at the Specialty Day and at the Society's annual meeting, as Symposium faculty, as Educational Course faculty, for membership on Society Committees and/or for service on the Society's Board of Directors.
- 5. Events of Default. Should the Program fail to honor its obligations under this Program Agreement, or otherwise breach this Program Agreement, as determined by a majority vote of the Society's Fellowship Committee (a "Defaulting Program"), the Defaulting Program agrees to the following penalties and restrictions upon its future participation in the Match for qualifying Fellowships:
- 5.1 The Defaulting Program will be ineligible to participate as a Participating Program for two (2) years following the date of its breach.
- 5.2 The Defaulting Program will pay the Society \$7,500 to compensate for the Society's time and effort in facilitating future qualifying Fellowships through the Match and maintaining the integrity of the programs.

The Program acknowledges and agrees that only after satisfaction of the requirements and conditions in this Article 5 will a Defaulting Program be eligible to again participate in the Match for Fellowships.

Should a Defaulting Program disagree with the Fellowship Committee's determination that the Program failed to honor its obligations under this Program Agreement, or otherwise breached this Program Agreement, the Defaulting Program may appeal the determination to the Society's Board of Directors. Reversal or modification of a determination of the Fellowship Committee may be made by the Board of Directors upon a two-thirds (2/3) majority vote.

- 5.3 The Society will report a Defaulting Program's breach of the terms of this Program Agreement to SF Match.
- **6. Program Director Disincentives**. The Program Director agrees and understands that in the event of his or her Program's Default under <u>Article 5</u> hereof, the Society may impose the following restrictions on the Program Director's program and program faculty:
 - 6.1 <u>Ineligibility</u> for research grants from the Society:
 - (a) Program Director for three (3) years following the Program's Default; and
 - (b) Remaining Fellowship faculty associated with the Program for two (2) years following the Program's Default.
- 6.2 <u>Ineligibility</u> for participation in Scientific Paper presentations at the Society's annual Specialty Day and the Society's annual summer meetings:
 - (a) Program Director for two (2) years following the Program's Default;

- (b) Any submission listing the Program Director as an author for two (2) years following the Program's Default; and
- (c) Remaining Fellowship faculty associated with the Program for one (1) year following the Program's Default.
- 6.3 <u>Ineligibility</u> of Fellowship Program for participation as Symposium speaker or session moderator at the Society's annual Specialty Day and the Society's annual summer meetings:
 - (a) Program Director for two (2) years following the Program's Default; and
 - (b) Remaining Fellowship faculty associated with the Program for one (1) year following the Program's Default.
- 6.4 <u>Ineligibility</u> of Program Director for participation as Society Education Course Faculty for two (2) years following the Program's Default.
- 6.5 <u>Ineligibility</u> of Program Director for participation as a Society Committee Member for two (2) years following the Program's Default.
 - 6.6 <u>Ineligibility</u> for service on the Society's Board of Directors:
 - (a) Program Director for two (2) years following the Program's Default; and
 - (b) Remaining Fellowship faculty associated with the Program for one (1) year following the Program's Default.

The disincentives listed in this Article 6 will begin on July 31, 2018 and will continue in effect for the time period as stated above.

- 7. <u>Compliance with Applicable Laws and Regulations</u>. The Program agrees that it will comply with applicable federal, state and local laws in executing its responsibilities under this Program Agreement and the SF Match Participation Agreement.
- **8.** Term. This Program Agreement shall be effective as of July 31, 2019 and shall continue in full force and effect until June 30, 2020.
- 9. <u>Termination</u>. The Society may terminate this Program Agreement upon thirty (30) days written notice if the Program breaches or is in default of any obligation hereunder and said breach or default has not been remedied within fifteen (15) days after receipt of notice of such default or breach. Notwithstanding the above, the provisions of <u>Article 5 and Article 6</u> concerning Defaulting Programs will survive the termination of this Program Agreement.
- 10. Notice. All notices, requests, demands and other communications hereunder shall be in writing and shall be duly given to any party, (a) upon delivery to the address of such party specified below if delivered in person or by courier; (b) delivery into the United States Mail by certified or registered mail, return receipt requested, postage prepaid; or (c) upon dispatch if transmitted by telecopy or other means of facsimile, to the following addresses or telecopy numbers as the case may be:

If to the Society:

American Orthopaedic Foot & Ankle Society ATTN: Executive Director 9400 W. Higgins Road, Suite 220 Rosemont, Illinois 60018

If to the Progra	m Director:

The parties may change the foregoing addresses and facsimile numbers through written notice to the other party as provided herein.

- **1.** <u>Waiver</u>. A party may waive its rights under this Program Agreement only in writing. Any waiver by either party of its rights under this Program Agreement shall not constitute a waiver of any other rights hereunder.
- **2 Assignment.** The rights and obligations arising under this Program Agreement may not be assigned by either party without the express written consent of the other party.
- 3. Severability. Whenever possible, each provision of this Program Agreement shall be interpreted in such manner as to be effective and valid under applicable law. If any provision of this Program Agreement is held to be prohibited by or invalid under applicable law, such provision will be ineffective only to the extent of such prohibition or invalidity, without invalidating the remainder of such provision or the remaining provisions of this Program Agreement.
- **4.** <u>Complete Agreement</u>. This Program Agreement sets forth all of the understandings of the parties with respect to the subject matter hereof, supersedes any prior, oral or written understandings and may not be altered, modified, or amended except by written instruments signed by both parties.
- **5.** Governing Law. This Program Agreement shall be construed and enforced under the laws of the State of Illinois.

(Signature page follows)

IN WITNESS WHEREOF, the parties have caused this Program Agreement to be executed on the day and year first above written.

American Orthopaedic Foot & Ankle Society

By:	Date:	
Elaine Leighton, MPH, CAE		
Executive Director		
Program Director		
By:	Date:	
Fellowship Program Director		
Print name:		



EXHIBIT A

Policy Updates

1. Invoice policy

Annual membership fees will be billed after completion of every match cycle. Payments must be received by SF Match no later than the start of the new applicant registration start date.

We allow 45 days processing time for check payments. Programs agree to maintain accurate profile data. Visa and MasterCard accepted at this time. A self-service payment page exists within the portal on the transactions tab. The SF Match reserves the right to suspend accounts for non-payment.

2. Matching Rules

All programs must abide by the SF Match Matching Rules. Each specialty society can maintain its own procedures and additional rules and penalties for violation of rules.

3. Match Participation

All Match program members must participate in the Match. Programs that do not participate for 2 consecutive years may be subject to Match membership cancellation, unless a written explanation is sent by the program director to SF Match. Match participation is defined as the attempt to recruit through the Match by submitting a rank list ranking at least one applicant. Fom 1er members of the Match wishing to reinstate membership with the Match must fill out a new registration form and pay the current setup fee, which covers the annual membership payment for the current match cycle.

4. Vacancy Listing

Vacancy posting is only available to SF Match program members and it is free of charge. Nonmember programs that wish to post a vacancy must first register a program.

5. Program Directory

All programs will be required to report the number of positions to be offered for the current match cycle prior to the start of applicant registration. Programs who have failed to report at least 1 position for the match by the specified deadline will be omitted from the program directory and from public view. Please keep your program information up-to-date to ensure receipt of important information from SF Match.



EXHIBIT A (continued)

Matching Rules

The Matching Process was developed to allow applicants to Residency and Fellowship training to visit and evaluate various training programs is a systematic fashion without the pressure of being asked for a commitment before the evaluation process is completed. At the conclusion of their evaluation process, applicants can rank programs in a confidential fashion with the opportunity to match to the best available program.

These rules were prepared to ensure the integrity of the Matching process. Violations may well result in loss of opportunity for both applicants and programs to achieve the best possible match. If one becomes aware of violations of these rules, they should be reported to the SF Match Office. All reports regarding violations will be kept confidential. Violations of these rules by program directors or faculty may result in penalty actions regarding participation in the Matching process.

Rules for Program Directors:

Appointments

The participating programs agree not to make any appointments prior to the match. Positions that remain vacant after the match may be filled by direct negotiation between program directors and applicants. These positions may be listed on the Vacancy Information System.

Confidential Ranking Lists

All ranking lists are confidential. The matching program will not reveal how any applicant ranked any program, nor how any program ranked any applicant.

Statements of Intent

If made, such statements must be unilateral, voluntary, and unconditional. Neither party may ask the other for a commitment. A statement like: "I will rank you first if you rank me first" is against the matching rules. A statement like: "You are among the best programs/applicants I have seen so far; I appreciate meeting you regardless of how you will rank me" is permitted.

Binding Commitment

Both the program and the applicant formally commit to accepting a position with any one of the rank choices listed. Both parties are bound by the results of the match. However, an applicant's actual entry into the training program (and continuation in it) is contingent upon satisfactory completion of the prerequisite training, any special requirements the program may have stated explicitly for all applicants and satisfactory performance during training.

Violations

Observed violations of the matching rules must be reported to the SF Match Director, who will forward information to the sponsoring organization.

(continued)

Rules for Applicants:

Match participants make the following binding agreement:

- I am solely responsible for the choices on my rank list and for the match outcome resulting for those choices.
- I understand that no participating training program has the right to require that I state how I shall rank that program on my confidential rank list, nor do I have a right to demand that any program inform me how it plans to rank me.
- I understand that I cannot avoid accepting an appointment to which I have been matched without a written release from the applicable program. I also understand that another program cannot offer a position to me unless I have this release. I understand that releases are not automatic, and my actions may be challenged.
- By submitting a rank list, both the applicants' choices and the program directors 'choices make the match result a binding commitment.
- However; Any offer made is contingent upon satisfactory completion of the prerequisite training as generally required and special requirements if specified by a particular training program;
- If I obtain a position in this match, I will withdraw from all other matches in post-graduate medicine that compete and conflict with this match. I agree that Match results may be sent other formal matching programs as notice of action under their respective rules.
- I declare that I have no obligations (e.g. military) which might prevent me from accepting a position if offered;
- I authorize SF Match the use any information I have provided in any study approved by its SF Match, provided that no information clearly and uniquely identifies me is disclosed in reports resulting from such a study.

**** End of document***



Appendix A

CODE OF CONDUCT FOR ORTHOPAEDIC FOOT AND ANKLE FELLOWSHIP PROGRAMS

- 1. Shall advise each applicant of receipt of his/her application.
- 2. Shall not demand, imply, nor mandate a pre-interview visit by an applicant as a necessary component in the fellowship selection and/or evaluation process.
- 3. Shall extend interview invitations, rejections or wait list status to applicants within 35 days of the individual program's application close date, which should allow adequate time for the program to process all applications. An applicant on a program's wait list should be notified that his/her application has been received and that he/she will be informed regarding an interview as soon as possible. Applicants who apply late may be considered at the program's discretion.
- 4. Shall not suggest or imply in any way that the applicant communicate with the program after the date of the applicant's formal interview.
- 5. Shall not communicate by mail, electronically or phone call with applicants after the interview except under certain circumstances listed below. The goal of this policy is to avoid any perception of impropriety regarding the match process.
 - a. If an applicant contacts the program and the program would like to respond, the program's response must be in writing and sent to all applicants to the program.
 - b. If there is new or additional information that the program feels would be beneficial for the applicants, it should be sent in writing to all applicants to the program.
 - c. If the applicant decides after a telephone interview or an off-site interview (such as at the AAOS meeting) that he/she wants to visit the program to see the facilities, the applicant is allowed to do so and to talk to fellowship faculty as if it is the principal interview.
 - d. It is acceptable for an applicant to contact a non-physician fellowship coordinator to ask routine logistical questions by phone or email. The program should keep a record of these communications and their nature.
- 6. Shall not ask an applicant about where he/she intends to rank ANY fellowship program, shall not seek assurances from any applicant as to his/her intent to "rank" a fellowship program in a certain order, and shall similarly not state or imply in any way that the applicant's position on the program's match rank list is at all dependent upon the applicant's relative level of interest in the fellowship program.
- 7. Shall provide a fair interview process to include an overview of the program, the chance to meet the faculty and current fellow(s) and residents involved during the fellowship year, expected experience (clinical, research, and teaching), salary and other logistical information. The program should also provide contact information for current and past fellows.

Appendix A (cont'd)

CODE OF CONDUCT FOR APPLICANTS FOR ORTHOPAEDIC FOOT AND ANKLE FELLOWSHIPS

- 1. The application and related materials should be filled out accurately and honestly. Failure to do so may result in the applicant not being allowed to participate in the Foot and Ankle Fellowship Match or to complete a fellowship obtained under false pretenses.
- 2. Interview Etiquette:
 - a. An applicant should only accept those interview invitations in which he/she intends to actually participate. Accepting an interview and then cancelling it may deprive another deserving applicant of a chance to have an interview.
 - b. If an applicant needs to cancel an interview, he/she should contact the program as soon as possible by telephone or email and consider explaining the reason for the cancellation.
- 3. An applicant should not ask a program how he/she will be ranked.
- 4. Once an applicant matches at a fellowship program, he/she should honor that commitment and should not commit to any alternative training during the duration of the fellowship.
 - a. Any extenuating circumstances may be considered by the matched program, and a mutual agreement may be reached regarding release from a matched program. The AOFAS should be informed of this arrangement and the reasons for not matriculating or completing the matched fellowship.
 - b. If an applicant submits a rank list to more than one subspecialty match, the applicant must accept and hold the position to which he/she matched first. The applicant should withdraw from any subsequent matches. This will happen automatically only if all of the rank lists were submitted to subspecialty matches administered by the SF Match.
- 5. If an applicant drops out of the Foot and Ankle Fellowship Match for any reason, the applicant should notify the AOFAS, SF Match, and the programs to which he/she has applied within 5 business days of the decision to withdraw.
 - a. If the applicant accepts a program outside of the Foot and Ankle Fellowship Match, the applicant is to inform the AOFAS of the outside fellowship program that he/ she has accepted.
 - b. If the applicant decides to drop out of the Foot and Ankle Fellowship Match for any other reason, including matching in another subspecialty, he/she should provide an explanation to the AOFAS.
- 6. All match-related comments and complaints should be submitted to both the AOFAS and the SF Match.
- 7. Applicants who elect to write to a fellowship program either in print or electronically following an interview should understand that the fellowship faculty members are not allowed to respond to individual applicants without distributing that response to all applicants to that program. A non-physician fellowship coordinator may answer routine logistical questions.



Appendix B

Recommended Foot & Ankle Curriculum Procedures

For Fellowship Programs in the AOFAS-sponsored Orthopaedic Foot & Ankle Fellowship Match

Trauma: ORIF

Pilon

Ankle Malleolar

Talus

Calcaneus (open, minimally invasive)

Cuboid/Navicular

Lisfranc injuries

5th metatarsal (open, percutaneous)

Other metatarsal

Phalanges

Ankle/Hindfoot

Ankle Replacement (including revision techniques)

Ankle Fusion (open and arthroscopic)

Ankle Arthroscopy

Anterior (OCD, impingement, other)

Posterior (Os Trigonum, FHL, other)

Ankle Instability

Brostrom / Modified Brostrum

Anatomic Repair

Non-Anatomic Repair

Open Osteochondral procedures (Malleolar osteotomy, OATS, others)

Peroneal Tendon

Repair, Debridement, SPR Reconstruction, Instability treatment

POPS; Excision/Repair/Tenodesis

Tarsal Tunnel Release

Adult Acquired Flatfoot Procedures

PTT Repair / Debridement

FDL Transfer / Spring Ligament Repair/Reconstruction

Calcaneal Osteotomies

Adjunctive procedures

Achilles

Tendon Repair (open, mini open, percutaneous)

Delayed Achilles Tendon Reconstruction (FHL transfers, V-Y lengthening, etc.)

Achilles Tendinosis: Calcaneal Exostectomy, Debridement +/- Tendon Transfer

Achilles Contracture

Strayer / Gastrocnemius Lengthening

Achilles Lengthening (Percutaneous / Open)

Posterior Tibial Tendon Transfer for Foot Drop

Anterior Tibial Tendon Transfer for Cavovarus

SupraMalleolar Osteotomies (Varus / Valgus)

(continued on next page)



Dynamic. Decisive. Dedicated.

Appendix B (cont'd)

TTC Fusion via IM Nail or Plate

Cavus Foot

Valgus producing calcaneal osteotomy 1st Metatarsal dorsiflexion osteotomy

Tendon transfer procedures Other adjunctive procedures

Anterior Tibial Tendon Tear: Repair/EHL Transfer Plantar Fasciitis: Release/Baxter's nerve release

Subtalar Joint Arthrodesis Subtalar Arthroscopy Triple Arthrodesis and its component parts Tarsal coalition excision

Midfoot

ORIF & bone grafting Navicular Stress Fractures Excision and reconstruction tibialis posterior for accessory navicular Midfoot Arthrodesis "Cotton" Osteotomy

Forefoot

Hallux Valgus

Phalanx osteotomy

Metatarsal osteotomy (distal and proximal)

Lapidus

Soft Tissue procedures

Hallux Varus Repair / Reconstruction

Hallux Rigidus

Cheilectomy and other joint sparing procedures

Hallux MTP fusion

Metatarsus adductus wedge osteotomies

Jones procedure

Hallux IP fusion

Sesamoid excision / grafting

Claw Toe deformity procedures

Hammer toe / Cross over toe deformity procedures

Freiberg's infraction 2nd metatarsal head rotation osteotomy

Rheumatoid forefoot reconstruction

Bunionette deformity correction

Interdigital neuroma resection (Primary and Revision)

General

Bone graft harvest: iliac crest, tibial, calcaneal, local

Resection of major somatic nerve (neuroma) with re-direction to muscle/bone

Diabetic infection: soft tissue, and with osteomyelitis Soft Tissue Management: Z Plasty, STSG, local flaps

Hardware Removal: deep/superficial

External Fixation techniques: Standard and Ring fixators Lower extremity amputations (Ray, Transmet, BKS, others)

Developed by the Fellowship Curriculum Task Force Approved by the AOFAS Board of Directors, March 2015



Appendix C

Recommended Foot & Ankle Curriculum Topics

For Fellowship Programs in the AOFAS-sponsored Orthopaedic Foot & Ankle Fellowship Match

Hindfoot/Ankle

Arthritis

Ankle Arthritis and Treatment

Hindfoot Arthritis (subtalar, triple-joint)

Talus Osteochondral Lesions

Impingement Syndromes of the Anterior Ankle

Tendon Injury, Degeneration and Repair (ATT, PTT, Peroneals, others)

Achilles Tendon Ruptures (Acute and Delayed)

Achilles Tendinosis (insertional and non-insertional)

Ankle Instability (Acute and Chronic)

Posterior Ankle Impingement (FHL, Os Trigonum)

Post Stroke or Neurologic Contractures (cavovarus, equinus)

Adult Acquired Flatfoot

Tarsal Coalition

Midfoot

Mueller-Weiss Syndrome

Painful accessory navicular syndrome

Avulsion fractures about Chopart's joint (TN + CC; anterior process of Calc; dorsal navicular)

Os Peroneum

Midfoot arthritis

5th Metatarsal fractures (Jones, Pseudo-Jones, Stress, etc.)

Forefoot

Hallux Valgus

Hallux Varus

Hallux Rigidus

Metatarsus adductus

Claw deformity of the hallux

Hammer toe / Claw toe deformity and Cross-over toe

Freiberg's infraction

Bunionette deformity

Interdigital neuroma

General

Trauma of foot and Ankle
Fractures
Soft tissue injury
Stress Fractures of the Foot and Ankle

(continued on next page)



Appendix C (cont'd)

Nerve Entrapment Syndromes about the Foot and Ankle

Tarsal Tunnel and distal branches

Common Peroneal

Deep Peroneal

Others

Orthopaedic Tumors (Benign & Malignant) of the Foot and Ankle

Congenital Flatfoot

The Cavus foot / CMT

Clubfoot

Late sequela (Adolescent/Adult)

Diabetes (principles)

Pathophysiology of neuropathy and neuropathic arthropathy

Pathophysiology of impaired healing

Treatment strategies and medications

Charcot

Anatomic areas

Diagnostic challenges

Stages

Treatment principles

Inflammatory arthritides

General

Rheumatoid arthritis

Gout

Pathophysiology of joint and tendon problems

Medications and their implications

Treatment strategies

Collagen diseases

Vitamin D deficiency diseases

Vitamin D physiology

Effects on bone and bone healing

Surveillance and Treatments

Grafting and Biologics:

Role of Demineralized bone matrix and other graft substitutes

Role of BMPs

Risks and benefits of autograft

Risks and benefits of allograft (tendon, bone, other)

Emerging technologies

Pedorthics

Orthotics history

Evidence-based support for orthotics

Basic prosthetics

Orthotic principles

Developed by the Fellowship Curriculum Task Force Approved by the AOFAS Board of Directors, March 2015